



# Parent/Carer

# E-Safety



### Websites /Apps to Watch!

- Below are a number of mobile apps and websites you should watch out for:
  - Facebook (Social Media (13+))
  - Instagram (Image Sharing (13+))
  - Snapchat (Location/Image Sharing(13+))
  - MeetMe (Meeting People App (18+))
  - BlueWhale (Self-Harm Promotion)
  - Whatsapp (Group Messaging App (16+))
  - Tinder (Flirting App (18+))
  - Reddit (Potential Vulgar Content (16+))
  - ooVoo/Skype (Video Chat (13+))
  - YouTube (Video Sharing (Inappropriate))
  - Discord (Gaming Chat App (13+))
- There are a number of console games available that are 18+ that we are aware that our students play which allows them to communicate with strangers such as:
- Grand Theft Auto
  - Call Of Duty

### What can I do now?

- Maintain an open dialogue with your child.
- Use filtering software to block unwanted content.
- Encourage your child to 'think before they post'.
- Familiarise yourself with the privacy settings.
- If your child is being bullied online, save all available evidence, and know where to report the incident (School, CEOP and Police).

### Helpful Websites

You can use these websites to find out more information.

- [www.childnet.com](http://www.childnet.com)
- [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)
- [www.kidsmart.org.uk](http://www.kidsmart.org.uk)
- [www.parentinfo.org](http://www.parentinfo.org)

If you find something on the internet, that you are worried about you should report it to CEOP, through their website or their dedicated buttons.

### Conversation Starters

- Ask your children to tell you about the websites and apps they like to use and what they enjoy doing online.
- Ask them if they know where to go for help, where to find the privacy settings and how to report or block.
- Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share?

These last two weeks the whole school has been studying ways in which to stay safe. Using social media appropriately has been brought to our attention. Here are some top tips!