

WALKING HOME FROM SCHOOL SAFELY

The amount of traffic on the roads has increased, we want children to feel safe on the streets and cross roads safely.

- Always cross at a safe place e.g. a pedestrian crossing or an island and wait until the traffic stops as the light has turned red for traffic and your light is green to cross.
- STOP, LOOK and LISTEN before crossing the road. Keep listening as you cross.
- NEVER cross the road whilst chatting to people, listening to your music or talking on your mobile.
- Walk across a road, never run.
- Keep to bright, well-lit, busy areas.
- Wear light or reflective clothing.
- If you cycle home always wear a safety helmet, reflective clothing and check your tyres and brakes.
- Tell friends and family where you are going and what time you will be back.
- Don't talk to strangers.
- If a strange car stops, keep walking and ignore it.
- Know your address and telephone number in case you need help.
- If you are afraid of passing older children, cross to the other side of the road safely.

More information at:
www.talesoftheroaddirect.gov.uk



Anti-social behaviour: Talk to your child

Bullying and anti-social problems can be an issue on the school journey and might discourage pupils from walking or cycling to school. Walking with friends, or in pairs, can be better for children and make them feel safer.

Discuss the following to make your child feel safer on the streets:

- Look competent - obey the rules and make sure you are aware of your surroundings;
- Avoid shortcuts even if you are in a hurry;
- Don't be afraid to pedal out or walk around potential trouble;
- Think about your route and plan ahead. Where would be a safe place to go if something went wrong? Safe places might be busy places like shops, friends houses or a police station;
- If possible go places in pairs;
- Make sure if you have a mobile phone it's charged and in credit, in order to make an emergency call if need to;
- Make your parents/ carers aware of your intended route and stick to it.

Designed by the mediators & School Council

Annfield Plain Junior School



"Together We Achieve"

STAYING SAFE OUTSIDE OF SCHOOL

A leaflet for parents
and children.
2019



REMEMBER! You have the *right* to feel safe but you also have the *responsibility* to act sensibly when outside of school. You must not make anyone else feel afraid.

INTRODUCTION

Everyone wants to be healthy and make informed choices about the way they travel and feel safe. Children can prepare for this early on in life by playing outdoors, exploring the local area and learning how to travel around on their own. The school journey is a great opportunity for children to develop independence and understand safe options.

At Annfield Plain Junior School we want children to feel safe in and out of school. Our annual pupil survey showed that some children do not feel safe outside of school. This could mean that they feel unsafe travelling to school, afraid of the dark nights, afraid of older children on the streets, afraid that a stranger may take them, afraid of walking home alone or afraid of entering a lonely house if parents /carers are at work.

STAYING SAFE AT HOME

The dark nights are closing in, stay safe and protect your home.

- If you go home to an empty house, call someone to let them know you're home.
 - Keep all windows and doors locked.
 - Close your curtains or blinds if you are leaving your home in the evening.
- Leave a light on (use a timer).



PARENT/CARER E-SAFETY



Websites/Apps to Watch!

Check children aren't using or monitor the content:

Below are a number of mobile apps and web sites you should watch out for:

- Facebook (Social Media (13+))
- Instagram (Image Sharing (13+))
- Snapchat (Location/Image sharing (13+))
- MeetMe (Meeting People App (18+))
- BlueWhale (Self Harm Promotion)
- Whatsapp (Group Messaging App (16+))
- Tinder (Flirting App (18+))
- Reddit (Potential Vulgar Content (16+))
- ooVoo/Skype (Video Chat (13+))
- YouTube (Video Sharing (inappropriate))
- Discord (Gaming Chat App (13+))

There are a number of console games available that are 18+ that we are aware that our students play which allows them to communicate with strangers such as:

- Grand Theft Auto (18+)
- Call of Duty (15+)
- Fortnite (some inappropriate content)

What can I do now?

- Maintain an open dialogue with your child.
- Use filtering software to block unwanted content.
- Encourage your child to 'think before they post'.
- Familiarise yourself with the privacy settings.
- If your child is being bullied online, save all available evidence, and know where to report the incident (CEOP and Police).

During 'Staying Safe Week' we work with your child around how to stay safe. Using social media appropriately is always a priority. Here are some top tips.

Helpful Websites

You can use these websites to find out more information to share with your child:

- www.childnet.com
- www.thinkuknow.co.uk
- www.kidsmart.org.uk
- www.parentinfo.org
- www.google-parentzone

If you find something on the internet that you are worried about, you should report it to CEOP, through their website or their dedicated buttons.

Conversation Starters

- Ask your child to tell you about the websites and apps they like to use and what they enjoy doing online.
- Ask them if they know where to go for help, where to find the privacy settings and how to report or block.
- Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share?
- Regularly check the sites and conversations your child uses.

For parents: useful information <https://pupilsurvey.LGFL.Net> on a short video on the hazards and help e-sites are for pupils

